



DeenPath

Morning & Evening Adhkar

Daily Supplications from the Qur'an and Sunnah

Authentic daily adhkar for protection, remembrance and spiritual routine

Morning Routine

After Fajr. Protection, forgiveness and daily remembrance

Evening Routine

After Asr. Protection, gratitude and calm reflection

Key Daily Duas

Useful supplications for waking, eating, travel and sleep

Morning Adhkar

After Fajr prayer. Begin your day with protection and remembrance.

Daily Practice Note

These supplications are drawn from the authentic Sunnah of the Prophet Muhammad, peace be upon him. Morning adhkar are recited after Fajr prayer. Evening adhkar are recited after Asr prayer.

1. Morning Protection

Ayat al-Kursi (recite 1x)

Allahu la ilaha illa Huwa, al-Hayy al-Qayyum, la ta'khudhuhu sinatun wa la nawm, lahu ma fis-samawati wa ma fil-ard, man dhal-ladhi yashfa'u indahu illa bi-idhnihi, ya'lamu ma bayna aydihim wa ma khalfahum, wa la yuhituna bi-shay'in min ilmihi illa bima sha', wasi'a kursiyyuhu's-samawati wal-ard, wa la ya'uduhu hifzuhuma wa Huwa'l-Aliyy ul-Adheem.

Whoever recites this in the morning is protected by Allah until evening. (Abu Dawud)

2. The Three Quls

Surah Al-Ikhlās, Al-Falaq, An-Nas (3x each)

Recite each of these three surahs three times. The Prophet, peace be upon him, said this is sufficient to protect you from everything. (Abu Dawud, Tirmidhi)

3. Master of Forgiveness

Sayyid al-Istighfar. Master of Forgiveness (1x)

Transliteration: 'Allahumma Anta Rabbi, la ilaha illa Ant. Khalaqtani wa ana abduk. Wa ana ala ahdika wa wa'dika mastata't. A'udhu bika min sharri ma sana't. Abu'u laka bini'matika alayya, wa abu'u bi-dhanbiy. Faghfir li fa-innahu la yaghfiru'dh-dhunuba illa Ant.'

Meaning: 'O Allah, You are my Lord, there is no god but You. You created me and I am Your slave. I am bound to Your covenant and promise as best I can. I seek refuge in You from the evil of what I have done. I acknowledge Your blessings upon me and I acknowledge my sin. So forgive me, for none forgives sins but You.'

Whoever says this in the morning with firm belief and dies before evening will be among the people of Paradise. (Bukhari)

Morning Adhkar

Continue with protection, contentment and tasbih.

4. Protection Dua

Protection Dua (3x)

Transliteration: 'Bismillah-illadhi la yadurru ma'a ismihi shay'un fil-ardi wa la fis-sama', wa Huwa's-Sami'ul-Aleem.'

Meaning: 'In the name of Allah with whose name nothing can harm, neither on earth nor in heaven, and He is the All-Hearing, All-Knowing.'

Whoever says this three times in the morning and evening, nothing will harm him. (Abu Dawud)

5. Contentment with Allah

Contentment with Allah (3x)

Transliteration: 'Raditu billahi Rabban, wa bil-Islami dinan, wa bi-Muhammadin Nabiyyan wa Rasulan.'

Meaning: 'I am pleased with Allah as my Lord, with Islam as my religion and with Muhammad, peace be upon him, as my Prophet and Messenger.'

Whoever says this three times morning and evening, it is upon Allah to please him on the Day of Resurrection. (Ahmad)

6. Tasbih

Tasbih (33x each)

Subhan-Allah. Glory be to Allah.
Alhamdulillah. All praise is due to Allah.
Allahu Akbar. Allah is the Greatest.

These are among the most beloved words to Allah. (Bukhari & Muslim)

Evening Adhkar

After Asr prayer. End the day with dhikr, trust and calm reflection.

1. Evening Protection

Ayat al-Kursi (1x)

Same as morning. Whoever recites this in the evening is protected until morning. (Abu Dawud)

2. The Three Quls

Surah Al-Ikhlās, Al-Falaq, An-Nas (3x each)

Same as morning.

3. Sayyid al-Istighfar

Sayyid al-Istighfar (1x)

Same as morning.

4. Evening Remembrance

Evening Remembrance (1x)

Transliteration: 'Amsayna wa amsa'l-mulku lillah, wal-hamdu lillah, la ilaha illallahu wahdahu la sharika lah, lahu'l-mulku wa lahu'l-hamd, wa Huwa ala kulli shay'in Qadir. Rabbi as'aluka khayra ma fi hadhihil-laylati wa khayra ma ba'daha, wa a'udhu bika min sharri hadhihil-laylati wa sharri ma ba'daha.'

Meaning: 'We have entered the evening and sovereignty belongs to Allah, all praise is due to Allah, there is no god but Allah alone with no partner... My Lord, I ask You for the good of this night and the good of what follows it, and I seek refuge in You from the evil of this night and the evil of what follows it.'

5. Subhan-Allahi wa bihamdih

Subhan-Allahi wa bihamdih (100x)

Transliteration: 'Subhan-Allahi wa bihamdih.'

Meaning: 'Glory be to Allah and praise be to Him.'

Whoever says this one hundred times morning and evening, his sins are forgiven even if they are like the foam of the sea. (Bukhari & Muslim)

Key Daily Duas

Useful adhkar for common moments throughout the day and night.

Waking Up

Waking Up

'Al-hamdu lillahilladhi ahyana ba'da ma amatana wa ilayhi'n-nushur.'

Praise be to Allah Who gave us life after causing us to die, and unto Him is the resurrection.

Before Eating

Before Eating

'Bismillah.'

In the name of Allah.

After Eating

After Eating

'Al-hamdu lillahilladhi at'amana wa saqana wa ja'alana muslimin.'

Praise be to Allah Who fed us, gave us drink and made us Muslims.

Leaving the Home

Leaving the Home

'Bismillahi, tawakkaltu alallahi, wa la hawla wa la quwwata illa billah.'

In the name of Allah, I place my trust in Allah, and there is no power except with Allah.

Before Sleeping

Before Sleeping

'Bismika Allahumma amutu wa ahya.'

In Your name, O Allah, I die and I live. Then recite Ayat al-Kursi and the three Quls.

When Distressed

When Distressed

'La ilaha illa Anta, Subhanaka, inni kuntu minaz-zalimin.'

There is no deity except You. Exalted are You. Indeed, I have been of the wrongdoers.

Qur'an 21:87. The dua of Prophet Yunus, peace be upon him.